

## Olga Gostmanova-Koval

Olga Gostmanova-Koval, owner and head coach of Dynamics Gymnastics is a world-renowned gymnast and one of the world's most respected coaches in international gymnastics.

In 1975, she won the silver medal in vault at the 1975 World Cup. At the USSR National Championships in 1975, she was honored with the title of Master of Sport of the USSR. At the Olympic Tryout Championships in Montreal, Olga tied for second place on vault with Nadia Comaneci of the Romania National team. Olga was a member of the USSR National team from 1975 to 1979. After her competitive career, she began training the Belarussian National Team in Beam and Floor Exercise. Assisting Senior Coach, Olga prepared gymnasts to compete at the international level. Some of her trainees have since become world champions themselves.

Mrs. Gostmanova-Koval has a B.S degree in Physical Education, is USAG Safety Certified, International Judge and has been residing and coaching in Minnesota for the past 10 years. With more than 24 years of coaching experience, Olga has coached gymnasts at the State, Regional, National and International Level.

Today, Olga resides in Eagan with her family, continues to judge gymnastics competitions including high school and college and is eager to provide high level training to local children.

## 2010 Class Sessions

(8 week sessions unless noted)

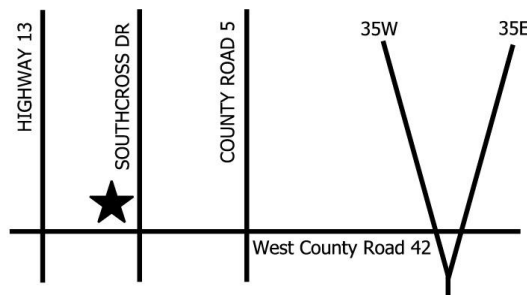
**Winter Session II**  
**3/10/10 – 4/24/10**

**Spring Session**  
**4/26/10 – 6/19/10**

**Summer Session**  
**6/21/10 – 8/21/10**  
(9 weeks)

Tuition prorated to reflect remaining classes in a session so sign-up any time!

**DG**  
Dynamics Gymnastics



## Dynamics Gymnastics

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Burnsville, MN 55337  
Phone: (952) 808-0275  
Ogotz@netzero.com  
www.DynamicsGym.com

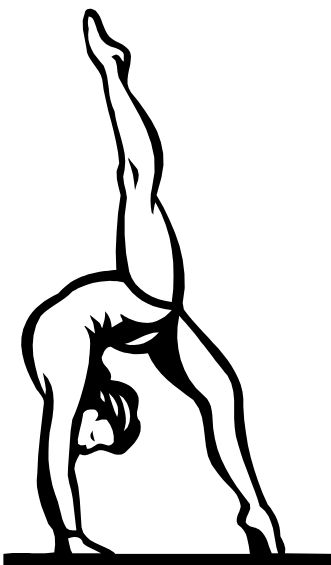
**DG**  
Dynamics Gymnastics

**High level coaching for  
tots to teenagers**

**Your kids deserve the  
best training possible**

Phone: (952) 808-0275

# Dynamics Gymnastics Center



## Mission Statement

Our mission is to build each child's self-esteem by providing gymnastics lessons. We strive to teach gymnastics skills, knowledge and fitness within a fun and safe training environment.

We provide high level coaching. Your child will not only learn the necessary skills of gymnastics, but will have fun too!

## 2010 Class Schedule

### 8-week sessions

Class schedules are subject to change without notice. To verify availability & class times, call Dynamics today!

Class/Level	Duration	Tuition	Mon	Tue	Wed	Thu	Fri	Sat
<b>Mommy &amp; Me</b> 2 - 3 years	30 min	\$ 64 (1x)	11:30 6:30	6:30	9:45 7:00	7:00	10:15	
<b>Stars</b> 3 - 4 years	45 min	\$ 102 (1x) \$ 188 (2x)	9:30 10:30 4:30 5:30	9:30 6:30	10:30 11:30 5:30	9:30 6:30	9:15 5:00	10:45
<b>Gems</b> 4 - 5 years	45 min	\$ 102 (1x) \$ 188 (2x)	10:30 4:30 5:30 6:30	10:30 4:30 5:30	9:45 10:30 4:30 6:30	10:30 11:30 4:30 5:30	9:15 6:00	10:00 11:00
<b>Beginner</b> I and II	60 min	\$ 116 (1x) \$ 208 (2x)	4:30 5:30 6:30	1:00 4:30 5:30 6:30	4:30 5:30 6:30 7:30	9:30 11:30 4:30 7:00	4:30	10:00
<b>Intermediate</b> I and II	90 min	\$ 156 (1x) \$ 280 (2x)	4:30 6:00	4:30 6:00	4:30 6:00	5:30	5:30	11:00
<b>Advanced</b> I and II	90 min	\$ 156 (1x) \$ 280 (2x)			4:30		4:30	
<b>Rec Team**</b>	120 min	\$ 192 (1x) \$ 340 (2x)			4:30		4:30	
<b>Trampoline and Tumbling</b>	60 min	\$ 116 (1x)			7:00			

\*\* Students must have passed the advanced level. Focus is on preparing athletes for high school competition.

Check out our website at [www.DynamicsGym.com](http://www.DynamicsGym.com) for more information including rules & policies and registration forms